



## Award-Winning *Raise the Bar*® Autism Fitness Classes

Winter 2012 Schedule

**MONDAYS – 8 Weeks**

@ Airtastic – 850 S Frontenac St., Aurora, IL 60504

**Ages:** 6 & Up

**Class Size:**

Min - 3

**Times:** Mondays

Max - 6

*Beginner* 4:30 - 5:25 PM

*Staff:Student Ratio is 1:2*

*Level 1* 5:30 - 6:25 PM

→ Does not require 1-on-1 accommodations

**Fee:**

**Session Dates:**

\$225.00/8 weeks

January 16 – March 5

\$30.00/per class

**Registration DEADLINE – Wednesday, January 4**

*Full Payment required  
with registration*

**Must Register in Advance**

**\*\*\*Classes may be canceled if program minimums are not met\*\*\***

**To Register:**

Call Right Fit at (630) 850-4050 or email: [eric@right-fit.com](mailto:eric@right-fit.com)



**Benefits Include**



- Improved Strength/Endurance
- Improved Motor Planning/ Coordination
- Increased Confidence & Interest in Movement Activities
- Improved Communication & Social Skills
- Improved Ability in Unfamiliar Situations
- Fun with Right Fit Friends!

**Join us as we provide experiences that are never forgotten!**

For more information about Right Fit please find us at [www.right-fit.com](http://www.right-fit.com)

**STAY IN TOUCH WITH US:**



Right Fit Sport Fitness Wellness



@RightFitSFW